

Coffee Break

Laguna Beach PTA Parent Education

S * E * X: what to tell your kids and when



**Wednesday,
November 15, 2006
8:15 to 10:00 am.
The Surf and Sand Hotel
\$5 includes
coffee & muffins**

Dr. Jennifer Johnson, M.D.

She is a nationally recognized pediatrician specializing in adolescent medicine who will share her expertise with us. She'll give suggestions about how to talk with your children from kindergarten to high school.

Everyone agrees that parents should talk to their kids about sex but, for many, it's an awkward task. What do you say, and when? What do you tell your teenager about sex? How much technical information versus emphasizing the emotional? What about young kids? What if you just feel too embarrassed to say anything? Or worry that they will ask you about your sex life? Come hear some guidelines that will help you, regardless of your child's age!

- How to balance talk of the physical aspects of sex with its emotional meaning
- Different kinds of sex talk at each developmental stage
- How to talk to kids about oral sex, masturbation, STDs, contraception, and more.

Coffee Break is supported by the Laguna Beach PTA Council, The Foundation for the Contemporary Family, School Power, and the Surf & Sand Hotel. Due to the open forum with interaction from participants, opinions not sanctioned by the school district or the PTA may be expressed.

Questions? Contact Judith Anderson at 949-494-0447 or drjzanderson@cox.net.